

Winell Herron, group vice-president of Public Affairs and Diversity at H-E-B, stands with Jeremy Castro, Julia King and Alex Jaya, who recently nominated their mothers for the SUPER moms contest.

HEB Seeks 'Super Mom' Nominations

Faster than a toddler in diapers. Able to leap huge mounds of laundry in a single bound – and grow healthy kids. It's a bird! It's a plane! No... it's Super Mom!

H-E-B is conducting a statewide search to find three Texas women who are the "picture of goodness" to feature on the cover of H-E-B's new healthy living magazine – H-E-B Goodness!, which is set to debut in June.

Children ages 7 to 16 are asked to write in and tell H-E-B why their mom is deserving of the Super title. Entry forms will be available at all H-E-B stores and on-line at heb.com beginning March 15. Submission deadline is April 1.

From the pool of entries, H-E-B will select three women as the grand-prize winners. The winners will appear in H-E-B's new magazine, as well as receive an H-E-B gift basket

and spa getaway. H-E-B Goodness! is H-E-B's new magazine publication – packed with positive lifestyle recommendations, healthy tips, nutrition advice and favorite recipes.

"We're excited to launch this search in conjunction with the debut of H-E-B Goodness!. In this way we can honor the great moms in our state for their role in growing and strengthening healthy families," said Winell Herron, group vice president of Public Affairs and Diversity, H-E-B.

About H-E-B

For more than 100 years, H-E-B has been an innovative retailer. Known for its fresh foods, quality products and convenient services, H-E-B strives to provide the best customer experience at every day low prices. Based in San Antonio, H-E-B proudly employs more than 60,000 Partners and serves millions of customers in more than 150

communities throughout Texas and Mexico. For more information about H-E-B, visit www.heb.com.

NARFE Meet Scheduled For March 28

The National Active and Retired Federal Employees Association (NARFE), Chapter 1492, has scheduled its next meeting for 6 p.m. on Tuesday, March 28 at Schobels' Restaurant in Columbus.

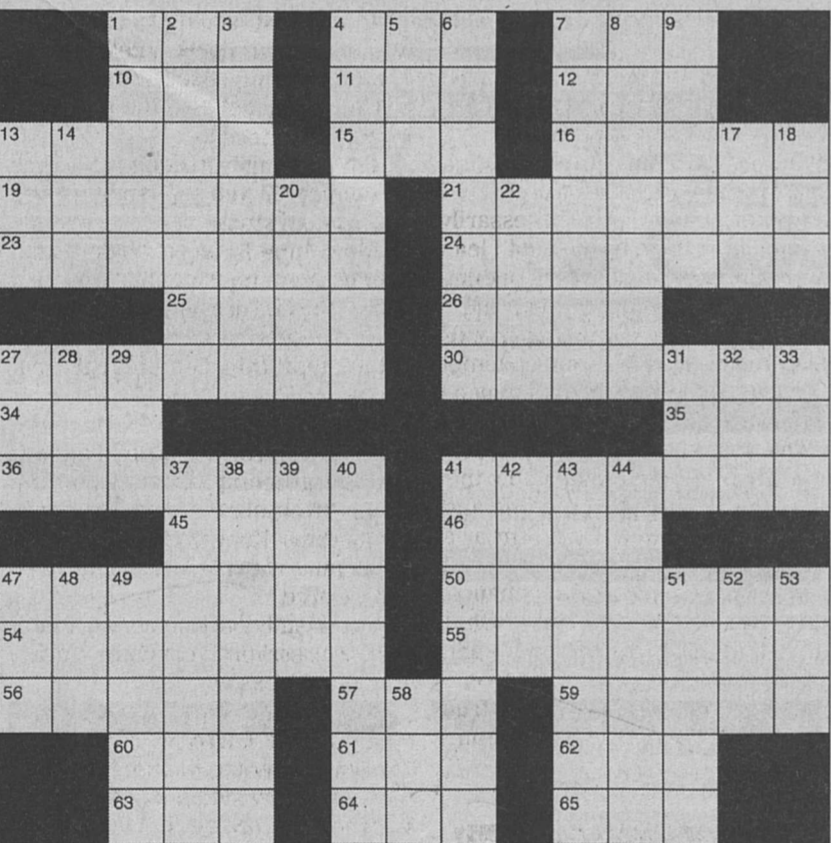
Along with a regular business meeting and a report from those who recently attended the District 15 Convention in Georgetown, all will enjoy a meal together and time for fellowship.

At the convention, Dorothy Brooks and Adrian Fritsch were each awarded with a certificate in recognition of 10 plus years of serving as chapter officers.

Active and retired federal employees in Fayette, Lee and Colorado Counties are invited to become associated with this group.

For further information, please call 979-725-6205.

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- CLUES ACROSS**

 - Doctors' group
 - One point north of due east
 - ography: breast exam
 - Juniper berry flavored liquor
 - River (Span.)
 - Fractional part (Fr.)
 - Lack of physiological tone
 - Publicities
 - Liabilities
 - Int'l relief organization
 - Blacknesses
 - Put to the test
 - Incompetent
 - Islamic ruler or chief
 - Battle of the M (WWI)
 - Otiose
 - Piecemal
 - Supervises flying
 - Norman Roc il, painter
 - Endocrine gland
 - In an angry way
 - Long skirt
 - One point east of northeast
 - Uncovers
 - Cuts indiscriminately
 - Neck garments
 - Marine bivalve mollusks
 - Wipe out recorded information
 - An awkward stupid person
 - Door swinging device
 - Costa del , Spain
 - Farrow, actress
 - Lilly, drug company
 - One or another
 - Stray
 - Substance for coloring
- CLUES DOWN**

 - A gathering place
 - Least possible
 - Whenever
 - Devices to remove chalk
 - Auction offer
 - Horse feeding gear
 - , pop star
 - Revenged
 - Oil company
 - Highest card
 - Make rigorous demands
 - Golf ball platform
 - Was United (abbr.)
 - tasia, royal pretender?
 - Prickly seed vessel
 - A city in European Russia
 - Woebegone
 - Used for hearing
 - Ukelele
 - Shoemaker's tool
 - den jar: elec. capacitor
 - Ralph Waldo
 - Acts in an inexperienced way
 - Shaft on which a wheel spins
 - Gracefully slender
 - Thence (3 words)
 - Count on
 - Embarrassed
 - With irritation
 - Manipulation
 - Company that rings receipts
 - Seaport in Finland
 - Sonia , skater
 - Work unit
 - Midway between S and SE
 - What we breathe CW063410

COLORADO COUNTY COURTHOUSE REPORT

Four Sentenced In District Court

Four individuals were sentenced on March 16 in proceedings before District Judge Dwight Peschel in Colorado County District Court.

They included:

- Daniel Lynn Cardenas, theft on Sept. 13, reduced to a Class A misdemeanor, sentenced to 180 days in jail on work-release.
- Jesse Rosanna Conrad, probation modified to three years probation and \$650 fine for possession of marijuana on Nov. 4, 2004.
- Roy A. Criado, DWI on Oct. 21, 2005, sentenced five years probation, fine of \$750 and 30 days in jail on weekends.
- Wytrent A. Davenport, probation revoked for possession of a controlled substance on June 2, 2002, sentenced to two years in prison.

Thirty-three People Sentenced In County Court

Thirty-three individuals were sentenced in Colorado County Court on Wednesday, March 15.

They included:

- Chasity A. Blanks, driving while license invalid, three days jail, \$350 fine.
- Kayla M. Burley, theft by check of less than \$500, one year deferred adjudication, \$350 fine.
- Cody W. Burnett, possession of marijuana, one year deferred adjudication, \$250 fine.
- Marvin F. Duddleston, accident involving damage to vehicle, one year deferred adjudication, \$500 fine, driving while intoxicated class.
- Jack A. Etheredge, driving while license invalid, six months deferred adjudication, \$250 fine.
- Obie L. Harris Jr., driving while intoxicated, second conviction, two years probation, \$1,000 fine, 180 days drivers license suspended, and interlock device.
- Bridgett M. Hinton, purchase furnish alcohol to a minor, one year deferred adjudication, \$350 fine.
- Matthew S. Kusey, possession of marijuana, one year deferred adjudication, \$250 fine.
- Kristi N. Martin, criminal trespass, 10 days jail, work release.
- Louis Monasterio, possession of marijuana, three days jail, \$350 fine.
- Pacir Lee Reist, possession of marijuana, 15 days jail.
- Jesse Rodriguez, driving while intoxicated, one year probation, \$500 fine, interlock device.
- Charlie Rodriguez Jr., fail to identify giving false information, three days jail, \$500 fine.
- Mikel A. Saldana, possession of marijuana, one year deferred adjudication, \$250 fine.
- Stacey R. Scott, criminal mischief, \$350 fine, reduced to Class C.
- Carl R. Sidney, theft stolen property by check of less than \$500, two years deferred adjudication, \$100 fine.
- Douglas M. Skeen, assault causes bodily injury to family member, one year deferred adjudication, \$150 fine.
- John Thomas, driving while license invalid, three days jail, \$350 fine.

fine.

- Balbino Toro Jr., evading arrest/detention, 30 days jail, work release.
- Don Stevens Williams, driving while license invalid with previous conviction, 15 days jail; accident involving damage to vehicle, one year probation, 15 days jail as condition of probation.
- Irving Williams Jr., driving while license invalid, six month deferred, \$200 fine.
- Justin Earl Wolfe, driving while license invalid with previous conviction, three days jail, \$300 fine.
- Quinten Brown, terroristic threat, one year deferred adjudication, \$500 fine.
- Michael A. Davis, assault causes bodily injury to family member, 30 days jail to be served on weekends.
- Johnny Guzman, theft stolen property by check of less than \$500, reduce to Class C, \$100 fine.
- Andrew W. Hadley, driving while license invalid, one year deferred, \$200 fine.
- Jacob L. Jennings, possession of marijuana, three days jail, \$700 fine; driving while license invalid, three days jail, \$700 fine.
- Dalvin R. Kutac, theft of less than \$1,500, two years deferred adjudication, \$100 fine, \$989.41 restitution.
- Yolanda C. Perez, criminal trespass in habitation/super fund site, one year deferred adjudication, \$350 fine.
- Jennifer Maria Santillano, theft

stolen property by check of less than \$500, one year deferred adjudication, \$100 fine.

- Virginia M. Sharp, false information, fugitive, 30 days jail.
- Adel Aguila Suarez, theft of less than \$500, 11 days jail, \$250 fine, \$662 restitution.
- Demetric Jackson, driving while license invalid with previous conviction, three days jail, \$500 fine.

Divorce Granted
Juliana Wallace and Jimmy Shane Wallace, March 20.

Divorces Filed
Lisa Lea Barrett and Brent Duane Barrett, March 17.
Preston Wayne Little and Teresa Ann Little, March 17.
Beverly Simpson and Dennis Simpson, March 21.

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			Tripas
			Cheek Meat
			Tripe
			Pork Bones
			Pigs Feet

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STOP THE GRIND

Does your jaw feel stiff or do you have difficulty opening your mouth wide? Are your teeth sensitive to cold drinks? Do your jaw muscles feel tired in the morning? You may be grinding your teeth at night (a medical condition called bruxism) or you may be clenching your teeth, which can be just as harmful. People with nighttime grinding habits may wear away their tooth enamel ten times faster than those without abusive chewing habits. Eventually your teeth may be worn down and destroyed.

In addition to relieving head, neck, jaw joint and shoulder pains, treating bruxism and clenching is cost effective compared to ignoring the condition and exposing teeth to continued grinding. Without treatment, crowns, bridges, implants and dentures are often needed to repair or replace worn and damaged teeth. Ask your dentist if a nightguard can help to provide temporary relief from grinding, bruxing or clenching.

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